



Cary Woman's Club

Member of the General Federation of Women's Clubs

April ~ 2014

"Celebrating Over 50 Years of Service"



President's Message



Sometimes we only get to see our fellow members at the meetings and really do not get a chance to know each other. We all have a story to tell.

At our next meeting there will be a basket holding folded papers with the names of our members when you pick up your nametags.

Please take one of these papers and seek out the member whose name you pulled out. Spend some time chatting with that member. It will be fun, and we will learn more about each other and strengthen friendships.

If that member is not there, please seek out someone else.



Also, please think about an organization that you think is worthy of our \$1,000 donation.

We will vote at the meeting.

I look forward to seeing everyone at the meeting now that Spring has arrived.

~ *Dorothy Schmelzeis, President, 919-469-2927, 919-854-5745, hatladyusa@gmail.com*

NEXT MEETING

Thursday, April 10th

9:30 a.m. (Coffee & Social)

10:00 a.m. (Program & Business Meeting)

Herb Young Community Center

101 Wilkinson Ave., Downtown Cary

April's International Speaker

International CSP, is happy to name our speaker for April 10.

She is one of the **WomenNC 2014** fellows who attended the United Nations Commission on Status of Women this year.

Alexandria (Alex) Polk is a sophomore at NCSU, majoring in International Studies/Political Science, and minoring in Economics. Her research topic is

"Women and Girls Access & Participation in Science & Technology Education."

Her bio can be found at www.womennc.org/un-csw-fellowship/2014sfp/2014-biographies/.

Beth Dehghan plans to set up a *Persian New Year* display table, which will be very colorful with spring flowers and

traditional items. **Detailed information is included as page 5 of this newsletter!**

Thank you!

~ *Beth Dehghan, International Chair, dehghan@gmail.com, cell: 919-744-4778, home: 919-363-1953*



April Lunch at ~ Taziki's Café

We will be going to Taziki's Mediterranean Café at Waverly Place for lunch after the April 10th meeting. This restaurant offers a large menu, plenty of seating and lots of parking since it is located in the Waverly Shopping Center (Waverly Place, 302 Colonades Way, Suite 201) at the corner of Kildaire Farm and Tryon. Hope you'll be able to join us for some social time after our monthly meeting.

~ *Maryanne Olsen, mgocary@yahoo.com, 919-465-1509*

Visit Montrose Gardens in Hillsboro ~ May 15th



Regarding our visit to Montrose Gardens in Hillsboro on Thursday, May 15th at 10 a.m. ~ *ten* of us are already going to the Gardens that day.

If additional folks wish to go, they will be in a second grouping, but I need to know immediately

if others want to do the Hillsboro trip! The lady who lives there arranges the tours, and has to know if we want a second group to see her garden! Address: 320 St. Mary's Road, Hillsborough, NC 27278, 919-732-7787 ~ Contact me for details! **Georganne Kingsley**, Conservation Chair, kinggeorge1@mindspring.com, 919-467-7125

Home Life

- ❁ A Chairman or co-chairman is needed for Home Life. Please consider this to keep Home Life going. Contact **Ellie** today!
- ❁ Remember to save your household goods for Oxford House in May.
- ❁ Watch for an important flier this month on "Heart Attacks and Water." It will be emailed and copies also available on the table at the April meeting.
- ❁ Please consider making a contribution to the ALS Association-Jim "Catfish" Hunter Chapter, Attn: *Walk to Defeat ALS*, 4 N. Blount St., Suite 200, Raleigh 27601. The walk will be held *Sat., April 5th* in Raleigh, among other cities.

~ **Ellie O'Connell**, Home Life Chair, eoconnell@nc.rr.com, 919-859-0683



Education



The Education CSP delivered 120 new books to Briarcliff Elementary School. We thank everyone who supported this project. The school really appreciated our efforts.

~*Thank you!* **Sue Scott**, Education Co-Chair, sscott1962@att.net

Marie Cefalo Rescheduled to Speak to Us

Our missed speaker for the snowed-out February meeting, **Marie Cefalo**, Conservation Program Supervisor for the Town of Cary, has generously arranged to speak to our club about the job she does for the Town. She will speak to our group (or as

many as can attend!) on Wed., May 7th, from 9-10 a.m., at the Administration Building, Town Hall, 316 N. Academy Street, Cary.

It is important for us to attend and support her, as Marie does not *have* to do this ... she just volunteered, so it will be

wonderful if some of us can attend her presentation.

Dorothy and I are definitely planning to be there. Contact me with questions.

~ **Georganne Kingsley**, Conservation Chair, kinggeorge1@mindspring.com, 919-467-7125

Upcoming GFWC Convention, June 18

The GFWC Convention will be held in Arizona this year. I am thinking of going. (Full disclosure ... I have grand-children in Arizona and might take the opportunity to visit them.) However, it is a great opportunity to meet other clubwomen and learn what the Woman's Club Federation is all about. And, we can have fun there together! Visit website www.GFWC.org/Convention to register and for more info. The convention starts Wednesday, June 18, 2014. ~ **Dorothy Schmelzeis**, President, 919-469-2927, 919-854-5745, hatladyusa@gmail.com



GENERAL FEDERATION
of WOMEN'S CLUBS

Continue Saving Education Coupons



Bylaws Change

Cary Woman's Club: Bylaws Revision

Revised for Vote at Meeting on April 10, 2014

This revision is requested by the Trustees and recommended by the Bylaws Committee: **Lois Nixon, Chair; Jane Smead, and Margaret Williams.** This was discussed and revised by vote of the membership at the March 2014 meeting. This revised bylaw will be voted on at the April meeting.

***Reason:** The revision is needed to guide the club in managing and using the funds from the sale of the land donated to the Cary Woman's Club many years ago by the Maynard family, as a site for a clubhouse. As it was unlikely the club would ever build a clubhouse, and the property did require expenses each year for grass mowing and taxes, the lot was sold in December 2013 by the Trustees, following a vote by the membership. The net proceeds were invested for the club by the Trustees. This bylaw will govern the continuing use of the Maynard Fund for its intended purpose to provide a place for the Cary Woman's Club to hold its monthly meetings. The bylaw change will be discussed and potentially voted on at the March 2014 meeting. The deadlines and notifications required for bylaws changes have been met. This amendment to the Bylaws has been reviewed by the Executive Committee, and was sent to the membership at least two weeks in advance, as required for bylaws revisions.*

Message from the Trustees to the Bylaws committee: Due to the importance of protecting and utilizing the funds acquired from the sale of the lot on Walnut Street, the Board of Trustees proposes the following bylaw, as amended at the March meeting (substituting "earnings" for "interest").

Article VII, Section B, (add item) 10. Cary Woman's Club Maynard Fund

The former Building Fund shall be renamed the Cary Woman's Club Maynard Fund. All principal from the sale of the lot shall remain invested. Earnings shall be used to defray the cost of the General Meetings (excluding luncheons, refreshments and speakers). Earnings may also be used for club projects and benevolences. Expenditures of the earnings must be approved annually by the general membership after recommendation by the Executive Committee.

Thank you. ~ *Lois Nixon, Chair, Bylaws Committee, 919-744-0117, doukab@nc.rr.com*

Cary Creative (reuse) Center:

Food Truck Rodeo Is Right around the Bend!



The center will hold a *Benefit Food Truck Rodeo*, the first event in a series benefiting their *C3 Raise the Roof Campaign*. How can you or our Club help? Check out their website! **Betsy Dassau**, president of the center (155 Wilkinson Ave., Cary, 919-247-1564) spoke to our Club last year. They seriously need a much larger space. A flier will be emailed and available at the April meeting. ~ *Thank you, Lois Nixon*

Membership Counts!

The greatest source of new members in our club comes from the women who we already know. The more members we have, the more the club can achieve. Take out your homeowner's association list, church directory, lists of members of other clubs you are in, and any source you can think about. Write down the name, address and other contact info of a few women whom you would like to see in the CWC. Bring the information to me at each meeting or email it to me, ncrebroker@aol.com. I will reach out to each one with information about the club and an invitation to visit. Everyone needs to help grow the membership!

~ *Lillian Smith, Membership Chair, 919-467-6592 (h), 919-612-0018 cell*

Punctuation for the "Thinking" Woman

An English professor wrote the words, "a woman without her man is nothing" on the blackboard and directed the students to *punctuate it correctly*.

The men wrote: "A woman, without her man, is nothing."

The women wrote: "A woman: without her, man is nothing."



Happy April!
Happy Spring!

- Cary Woman's Club Newsletter
- P.O. Box 918 ▪ Cary, NC 27512
- President: *Dorothy Schmelzeis*
- 1st VP: *Lillian Smith*
- 2nd VP: *Lois Nixon*
- 3rd VP: *TBD*
- Recording Secretary: *Karen Fiumara*
- Corresponding Secretary: *Sylvia Barba*
- Treasurer: *Maryanne Olsen*
- Newsletter Editor: *Vicki Jeter*
- Newsletter Email: vickijeter1@nc.rr.com
- Website: www.carywomansclub.org
- Publication deadline: 24th of each month

Note! Continue on to page 5 for information on the Persian New Year.



Cary Woman's Club
P.O. Box 918
Cary, NC 27512

Persian New Year Is Called Norooz

Provided by: Beth Dehghan ~ April 2014

The **Persian New Year is called Norooz** (Persian: نوروز; also Nowruz, Nawroz, among other spellings) and *marks the first day of spring*. It's also the Baha'i New Year, but the holiday is celebrated by Iranians of all religions.

History

Norooz celebrates renewal and rebirth, symbolized by the coming of spring. It is partly rooted in the Zoroastrian tradition, but is an ancient holiday that was celebrated thousands of years ago. Now, it is also an important Iranian cultural holiday that spans many religious traditions. The word Nowruz is a compound word that blends together the Persian words "now" which means "new," and "roz" which means "day."



Dates

In 2014, Norooz will begin on March 20 at 8:27 p.m. local time in Tehran, according to Farsinet. The exact moment of the new year is called *Tahvil*. Norooz lasts 12 days in Iran. It coincides with the vernal equinox, so its date in the Gregorian calendar changes every year.

Traditions

On the last Wednesday of the old year, the night of *Chahar Shanbe Suri* is celebrated in order to symbolically get rid of all the misfortunes and bad luck of the past year. People light small bonfires and jump over the flames, shouting "*Zardie man az to, sorkhie to az man,*" which means, "May my sickly pallor be yours and your red glow be mine." It is also acceptable to simply light a flame and shout the phrase.



A traditional ceremonial table display is set up called the *sofreh-ye haft-sinn* ("cloth of seven dishes"). Behrooz Far and his wife Nava explained to interfaith activist Rothwell Polk, "The *haft-sinn* table is set with the Kitab-i-Aqdas, our Holy Book, flowers, a bowl of goldfish, a mirror, candles and painted eggs and seven traditional foods each starting with the letter 's' in Persian." This table remains in the family home for thirteen days after the start of the holiday.

Foods: The seven traditional foods are:

- sabzeh: lentil, barley or wheat sprouts growing in a dish, symbolizing renewal
- saman: a thick, sweet pudding made from wheat germ, symbolizing affluence
- senjed: dried fruit of the lotus tree, symbolizing love
- sir: garlic, symbolizing medicine
- sib: apples, symbolizing health and beauty
- somaq: sumac berries, symbolizing sunrise
- serkeh: vinegar, symbolizing age and patience.

A traditional dinner for Norooz is *Sabzi Polo Mahi*, a rice dish with whitefish and green herbs like parsley, coriander, chives, dill, and fenugreek, explains Polk.

After thirteen days, *Sizdeh Bedar* is celebrated, which literally means "getting rid of the thirteenth." Families throw green sprouts into rivers or lakes to symbolize the plant's return to nature and conclude the festivities until the next year.